



GUIDE FOR INTERNATIONAL STUDENTS
OF BIALYSTOK UNIVERSITY OF TECHNOLOGY

STUDY AT BUT

Together we achieve more !!





BIALYSTOK UNIVERSITY OF
TECHNOLOGY



WELCOME

We are pleased to welcome you to Bialystok University of Technology. Hope you will find a nice place to stay and study here. Being far from home is always a big challenge, especially when we don't know anything about the new place in a foreign country. The purpose of this guide is to help our international students dispel all doubts and make them feel at home.

Here you will not only find a general description of our university, the campus, accommodation, our courses catalogue, libraries but also learn some tips how to get from the airport to the city. We would like you to know that BUT International Relations Office is always open for you and we'll try to make your study experience unforgettable. With this guidebook help we believe it can be achieved.

International Relations Office



**BIALYSTOK UNIVERSITY OF TECHNOLOGY (BUT)
WAS ESTABLISHED IN 1949
AND HAS A LONG TRADITION OF EDUCATING
ENGINEERS AND YOUNG SCIENTISTS.**

BUT IN NUMBERS

**academic degrees: LICENTiate,
BACHELOR, MASTER, DOCTORATE**

about **7,5 THOUSAND** students
(300 international students)

660 academic teachers

6 Faculties **27** first degree
courses **21** second degree courses

13 rights to confer doctoral degrees
6 rights to confer post-doctoral degrees

over **190** bilateral agreements in scientific
and educational cooperation with foreign partners

20 over **300** Erasmus + bilateral agreements
double-degree agreements



- 1 - Rector's Office,
Faculty of Computer
Science
- 2 - Faculty of Mechanical
Engineering
- 3 - Faculty of Electrical
Engineering
- 4 - Faculty of Civil
Engineering and
Environmental Sciences
- 5 - INNO-EKO-TECH
building
- 6 - BUT Foreign Language
Center (Library)
- 7 - BUT – Academic
Innovation Hub
Club "GWINT"
- 8 - Academic Sport Centre
- DS1, DS2, DS3, DS4**
Student Residence Halls
- H** - Academic Staff Hotel



CAMPUS



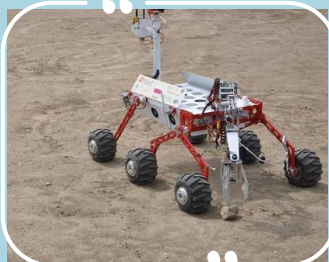
CarThe hybrid CMS-09

CarThe hybrid CMS-09 of the Cerber Motorsport team of students from the Białystok University of Technology won the Formula Student Poland 2024 competition in the CV category, i.e. combustion and hybrid cars.



MegaSumo mobile robots

- 1st and 2nd places, Robotex International 2023, Tallinn, Estonia
- 1st and 2nd places, Robotic Arena 2022, Wrocław, Poland
- 1st place, Robocore Experience – CPBR14 2022, São Paulo, Brazil
- 3rd place Runibot 2021, Bogota, Columbia
- 1st and 3rd places, RobotChallenge 2019, Beijing, China
- 1st place, BattleLab Robotica 2018, Cluj Napocca, Romania
- Two 1st places and one 3rd place, Robogames 2018, Pleasanton, USA



Mars rover analogues

- Argo mini 3 „Dzik” - 3rd place, Robotics Championship Oradea 2023, Romania
- Argo mini 2 „Dzik” - 1st place, Robotic Arena, 2022, Wrocław, Poland
- ARGO 3 - 1st place, EastROBO, 2021, Białystok, Poland
- Argo mini 2 „Dzik” - 1st place, EastROBO, 2021, Białystok, Poland
- Argo - 2nd place, Canadian International Rover Challenge, 2018, Drumheller, Canada



FACULTIES



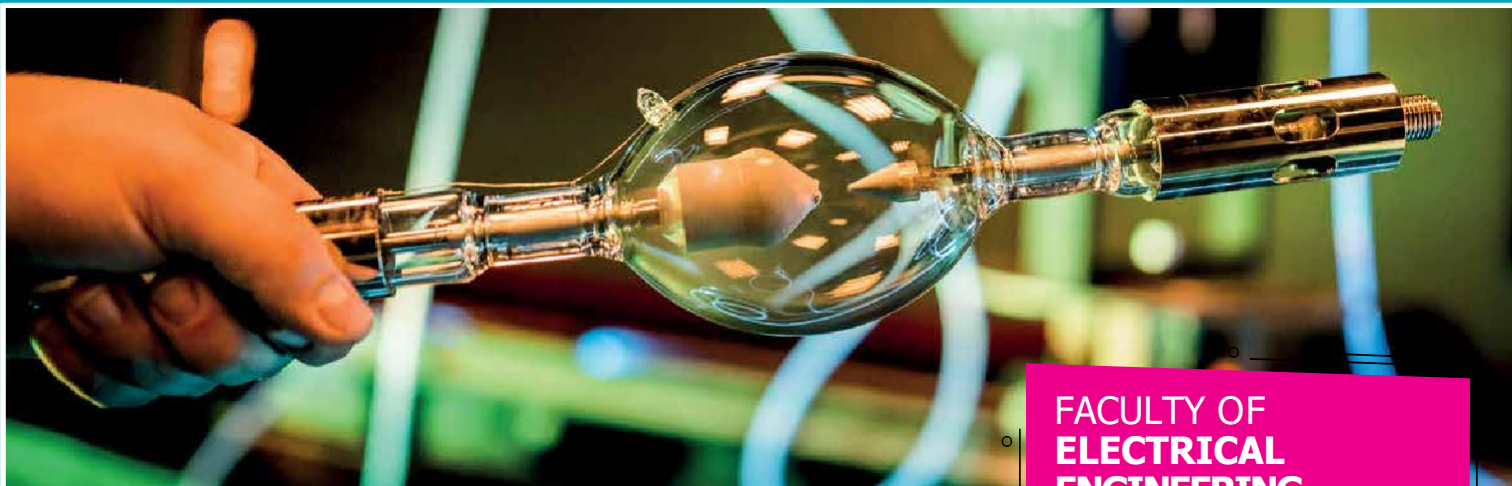


FACULTY OF CIVIL ENGINEERING AND ENVIRONMENTAL SCIENCES

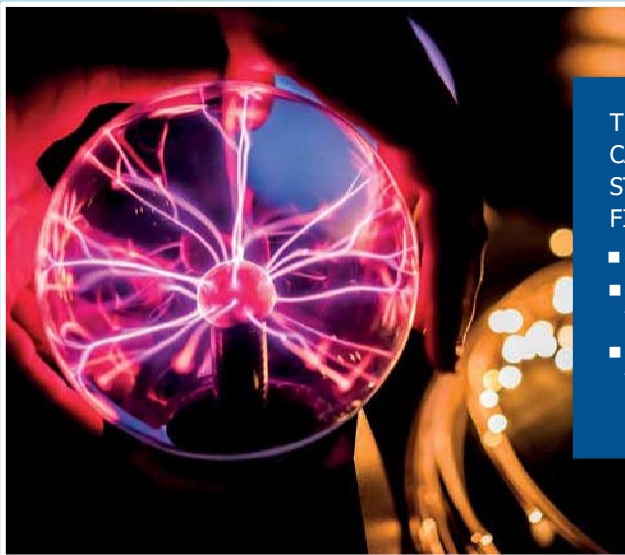
On 1 October 2019, the Faculty of Forestry of the Białystok University of Technology in Hajnówka ended its functioning in its formula. In its place the Institute of Forest Sciences was established, which is part of the Faculty of Civil Engineering and Environmental Sciences.

The main task of the Institute is to conduct scientific research in the discipline of forestry sciences, while all matters related to teaching forestry students belong directly to the faculty's competence.





FACULTY OF ELECTRICAL ENGINEERING



THE FACULTY
CARRIES OUT
STUDIES IN THE
FIELD OF:

- electrical engineering
- electronics and telecommunication
- renewable energy technologies.

The faculty has some modern, unique laboratories, e.g. energy converters, automatic control, fibre-optics, high voltage technology. These include devices and installations placed on the Polish Road Map of Research Infrastructure.

The development of the faculty is shaped by permanent cooperation with some electrical, electronics, IT and other high-tech companies operated in north-east part of Poland. Students can develop their own innovative projects as part of six student research groups: automation and robotics, electronics, automotive electronics, metrology and measuring systems, wireless technology and the Internet of Things applications, lighting systems.



Considering the number of students, the Faculty of Engineering Management is currently the second largest faculty at Bialystok University of Technology with over 1600 students. So far, more than 15,000 graduates have completed studies at the Faculty of Engineering Management.

Faculty of Engineering Management is located in the suburbs of Bialystok in the town of Kleosin. The main campus of Bialystok Technical University is three kilometres away. Trip from the city centre takes about 15 minutes. There are several public transport links to the Faculty of Engineering Management – bus number 3, 10, 22 and 104. There is also a bicycle path leading to the campus and a bicycle rental station nearby.

WHY STUDY AT THE FACULTY OF ENGINEERING MANAGEMENT?

The knowledge and skills acquired during the studies will increase the competitiveness of graduates on the Polish and foreign job market. Internationalization will allow students to develop international contacts, which constitute an advantage in their future careers, and will also improve their language and interpersonal skills.

ADVANTAGES

- innovative study programme
- instructions in English
- highly skilled faculty staff
- study in international environment
- support of the educational process by practitioners
- possibility of drawing inspiration from the knowledge and experience of foreign professors
- establishing international contacts
- support of friendly coordinators
- assistance in searching for a job after graduation

FACULTY OF ENGINEERING MANAGEMENT



FACULTIES

FACULTY OF MECHANICAL ENGINEERING

Our students find employment not only in the electromechanical industry, but also in other fields, for instance computer science, electronics, energetics, agriculture and food, polygraphy as well as construction, transportation and medical techniques. They are sought-after specialists employed in as constructors, technologists, computer specialist as well as executive staff in all branches of industry.

The Faculty of Mechanical Engineering is the place where you will gain a unique chance to explore your passion in mechanics, machine design, process control, robotics, mechatronics and more!

You will join a community of passionate students and experienced staff, who work together to realize unique projects and bring their brave ideas to life. Together with those enthusiastic people you will be involved in designing mars rover analogues, racing cars, mobile robots, unmanned aerial vehicles, limb prostheses, wheelchair appliances and many others.

Find out why we call our Faculty of Mechanical Engineering, Bialystok University of Technology - the Faculty of People with Passion. Select one of the following study programs taught entirely in English and start studying with us!



FACULTY OF COMPUTER SCIENCE



University graduates land interesting and well-paid jobs in Poland and abroad. Current development trends open new vistas of creating technological centres that offer rewarding jobs in the region for highly educated and skilled computer specialists.

Faculty of Computer Science of Białystok University of Technology is currently a leading research and education unit in the north-eastern Poland. It enjoys favourable ratings of the State Accreditation Committee. It confers the doctor's degree in computer sciences and has been awarded a title of the Centre of Excellence for Information Technology Society. The Faculty of Computer Science has been granted permission to confer D.Sc. degrees in the discipline of computer science.

The main objective of the Computer Science Faculty is to give students education of the highest quality. The students acquire programming skills and get acquainted with the latest software and hardware systems.

The following courses are offered at the faculty: computer science, applied mathematics and computer science and econometry.



FACULTY OF ARCHITECTURE



THE STUDY
PROGRAMME
INCLUDES
COMPREHENSIVE
INTERDISCIPLINARY
KNOWLEDGE
IN THE FIELDS OF:

- history and theory of urban planning
- architecture and fine arts
- sociology
- civil engineering
- building construction
- physics of buildings
- urban infrastructure



OPPORTUNITIES FOR DEVELOPMENT DURING STUDIES

Students can develop their interests by joining science clubs and use the laboratories of the Faculty of Architecture.

THE LATEST ACHIEVEMENTS OF OUR STUDENTS:

- ▶ Builder magazine awarded the architecture department TOP 10 For the Future award for the activity of scientific clubs and their initiatives.
- ▶ The departmental student self-government has set up a student gallery where student exhibitions take place every month.
- ▶ Architecture students took part in International Urban-Architectural Workshops in Krakow, taking first three places and honours.
- ▶ Our student Magdalena Kurnicka designed a backpack that impressed the jury of the competition at International School of Costume and Fashion Design and Art-Ministry. It was also admired by the guests of the world's GIFTEX 2016 Fair - Tokyo Design.

On completion of the course, graduates will not only acquire interdisciplinary knowledge in technical sciences and humanities, but will also develop creative skills in space planning. They will be well prepared to design architectural structures of diverse functions, make urban design and space planning projects.



OUR PROGRAMS

Our Study Programs For Winter intake



Bachelor's in Civil Engineering



Master's in Management



Bachelor's in Mechanics and machine design



Bachelor's in Industry Digitization



Master's in Interior Design



Master's in Architecture



Bachelor's in Automatic Control and Robotics



Bachelor's in Mechatronics

APPLICATION DEADLINES

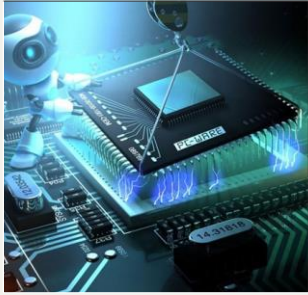
Winter Intake

Note:

The dates may vary slightly from one academic year to another, with an average difference of around 10 days.



Our Study Programs For summer intake



**Master's in Electronics and
Telecommunications**



**Master's in
Computer Science**



**Master's in Biomedical
Engineering**



Master's in Logistics



**Master's in Civil
Engineering**



**Master's in Environmental
Engineering**



**Master's in Automatic
Control and Robotics**



Master's in Mechatronics

APPLICATION DEADLINES

Summer Intake

Note:

The dates may vary slightly from one academic year to another, with an average difference of around 10 days.

October 14th
Opening of applications

December 2nd
Application in our
Registration system
Deadline

December 16th
Document Submission
Deadline



UNIVERSITY ADMISSION: AS EASY AS 1-2-3



SEND SCANS OF DOCUMENTS LISTED BELOW:

- ▶ High school certificate (BSc applicants)
- ▶ Bachelor degree with transcript of records (MSc applicants). Both documents legalised at the Ministry of Education.
- ▶ BUT Application form
- ▶ Eligibility statement – a document stating that the student is officially entitled to enter university education in the country under which educational system it was issued or in the country where it was issued.



ARRANGE A SKYPE® INTERVIEW

with our international admissions officer. During the interview he verifies your language skills by asking you some general questions.



AFTER SUCCEFUL VERIFICATION

invitation and admission letters are issued. Only then you can schedule your visa appointment.. The whole application process usually takes up to two weeks.

Admission Contact Details

Hajar Nahas
hajar.nahas@pb.edu.pl

Artur Mazur
artur.mazur@pb.edu.pl



BUT Students Success
Stories

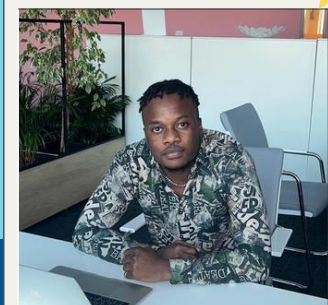
BUT Graduate Students



Raouf Benmoussa



Tinashe Muzenda



Ronald Mjonono

I'm Raouf, a proud Graduate student of the 2020-2022 class from the Civil Engineering Department. I currently own FMCG MOMENT company, an FMCG company based in Bialystok, Poland. I'm incredibly grateful to Bialystok University of Technology for providing me with a strong educational foundation that has been pivotal to my success. The rigorous coursework and collaborative projects taught me how to analyze complex challenges and develop effective solutions, which I now apply daily in my business. This background has enabled me to navigate the competitive FMCG landscape with confidence and creativity.

I'm Tinashe Muzenda, Class of 2016-2020, Civil Engineering Department. I'm currently working as a Planning Specialist with Procter & Gamble, one of the world's largest supply chain companies. During my time at Bialystok University of Technology. I developed a solid foundation in Engineering, which was instrumental in shaping my career. The hands-on projects and in-depth learning experiences prepared me to tackle real-world challenges. I'm grateful for the comprehensive education and support from the faculty, which has enabled me to excel and contribute to the success of a global organization like P&G.

I am Ronald, a graduate of the Construction and Building Systems Engineering program at Bialystok University of Technology (2017-2021), I gained a strong background in mathematics and technical problem-solving, which proved invaluable during my time as a site planner at Philips Polska in Łódź. The rigorous curriculum provided me with the analytical foundation to excel in both engineering and beyond. This semester, I am excited to start my master's degree in Data Science and Business Analytics at the University of Warsaw, where I will continue to build on my passion for mathematics and statistics and apply these skills in new, data-driven fields.

WATCH THIS VIDEO !!!

**BUT INTERNATIONAL
STUDENTS**



<https://www.youtube.com/watch?v=08BggMRLPCc>





ERASMUS +

As a full-time student at Białystok University of Technology, you can take advantage of the Erasmus + program, an incredible opportunity to **spend up to 12 months in one of 26 European countries**, including top destinations like **Germany, France, Spain, Italy, Finland and more.**

To apply, you simply need to complete at least 2 semesters of studies with us and maintain a minimum grade point average of 3.2 from your last two semesters.

During your time abroad, you'll receive a monthly scholarship of 670 euros to support your stay.



YOU HAVE 2 OPTIONS:

1) within Erasmus+ Programme - the minimum period of stay is 2 months;

2) individually – paid internship organised by the faculty
contact faculty coordinator – prepare the plan draft – faculty
will estimate the cost; collect all documents;

IF YOU COME WITHIN ERASMUS + PROGRAMME:

► First step is to contact the faculty coordinator and ask him/her to find you a professor who will guide you.

► Second step is to send your learning Agreement for Traineeships and send it to International Relations Office.

► As soon as all documents are completed you will receive an Invitation Letter from International Relations Office in order to apply for visa. Sending your documents on time gives you the opportunity to secure the accommodation in the campus.

► Before departure when the internship ends bring us your Learning Agreement (After the Mobility part) signed by your supervisor. You will receive confirmation of attendance.

The Halls of Residence at Białystok University of Technology offer a perfect solution for students looking for affordable and convenient housing.

With 5 different dormitories located just a **5-minute walk from campus**, you'll enjoy the ease of living close to your studies without the hassle of searching for private apartments.

Our dormitories offer comfortable and well-equipped rooms to make your stay as convenient as possible. Each room comes with standard furniture, including :

- **Couches**
- **Wardrobes**
- **Kitchen cabinets**
- **Desks, chairs, hanging shelves, and bookcases**
- **Refrigerators**
- **Free Internet access via the EDUROAM network.**

Each residential segment, consisting of four rooms, shares a bathroom equipped with two sinks, a shower, and a toilet. Every floor features a communal kitchen with gas stoves, an electric oven, microwave, and dining area, creating the perfect space for preparing meals and socializing with fellow residents. For added convenience, we provide washing machines, dryers, and bicycle storage rooms.



MONTHLY FEE FOR AN ACCOMMODATION IN THE STUDENT'S HOUSES OF THE BIAŁYSTOK UNIVERSITY OF TECHNOLOGY

TYPE OF ROOM	PRICE FOR 1 PERSON
small room for 2 people	PLN 390.00
small room for 1 person	PLN 530.00
large room for 2 people	PLN 480.00
large room for 1 person	PLN 790.00
STUDENT HOUSES ALFA, BETA, DELTA SEGMENT – TWO ROOMS – ONE BATHROOM	
small standard room for 1 person	PLN 560.00
large standard room for 2 people	PLN 510.00
large standard room for 1 person	PLN 890.00
STUDENT HOUSES ALFA, GAMMA SEGMENT – TWO ROOMS – ONE BATHROOM	
small de Lux room for 1 person	PLN 590.00
small de Lux room for 2 people	PLN 440.00
large de Lux room for 2 people	PLN 560.00
large de Lux room for 1 person	PLN 990.00

The university life is not all about studying. It's very important to relax and spend time following your passions. BUT has his own well equipped Sport Centre located in the campus, near dorms. Our gym is fitted with fitness equipment treadmills, exercises bikes and weights.

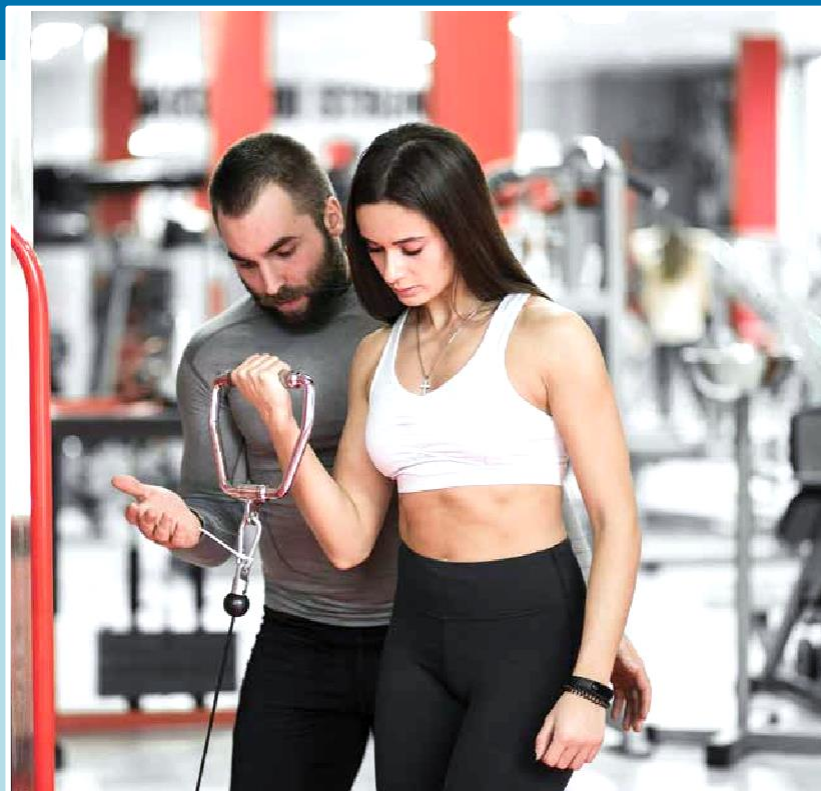
The Sport Center includes a multi functional hall that can be used for a variety of sports, like for example: basketball, volleyball, indoor football, badminton, table tennis, Karate, Judo and more.

Also you'll be able to attend to other kind of fitness classes, for example: pilates, zumba, aerobics, step up an more.

Students membership prices can be found every year on the IRO board.

Don't forget that physical activities is good for mental well-being so make sure you take advance of both workout activities, indoor and outdoor, especially before and during examination time.

In order to get your membership, we recommend you to sign up in the Sport Center (preferably with the help of your mentor).





Kick start Your Career with Our Alumni Relations Office

At Białystok University of Technology, we don't just prepare you for your degree – we prepare you for your future career. Our Career Development Office is dedicated to helping alumni to find :

- **Exciting job opportunities**
- **Internships, and networking connections**

Tailored Career Guidance for Success

From **crafting a standout CV** to **preparing for interviews**, our expert team is here to guide you every step of the way. Whether you're looking to land your dream job or gain invaluable experience, we provide the tools and support you need to thrive in the competitive job market.

The main focus of ESN is placed on current exchange students, who often face problems (and feel abandoned) in their new environments. Therefore ESN offers help in academic, social and practical integration process. This is mainly done through activities in the local sections, which include cultural and social events such as trips to various places within the country, film nights, buddy group and language projects and international food fests and last, but not least, parties. In addition to that, many sections have introduced mentor systems, which help the international students mainly in academic and practical integration.

ESN also provides relevant information and encourages the future exchange students to gain the international experience and gain relevant insight to different cultures.

Finally, ESN International is developing, from the Headquarters in Brussels, ambitious projects such as the Survey on the exchange students' rights or the ESNcard.

The ESNcard is the membership card of ESN which means that you can access to all the services offered by the ESN and our partners.

ESN is a student organisation helping international students during their stay in Poland.



STUDENT LIFE

VISA

Students from the non-EU countries are required to obtain a visa before the arrival to Poland.

For the visa application procedure, BUT IRO prepares and sends the Acceptance Letter to the home university and the student after the application form are processed by the faculty coordinator at our university.

HEALTH INSURANCE

Students from EU/EEA member countries who have valid national health insurance in their home countries are required to bring with them the European Health Insurance Card (EHIC).

With this card they can get medical help in medical clinics which has a contract with the National Health Fund (NFZ) free of charge for the medical service.

Students from non EU/EEA member countries are obliged to have valid health insurance in order to cover costs of any possible health care in Poland. Any medical treatment must be fully covered by the student. Health insurance is mandatory for all non-EU students, that's why we recommend you to get a health insurance policy, in one of National Health Fund branches (NFZ - Narodowy Fundusz Zdrowia). After that you can be treated in health-care facilities that have an agreement with NFZ (Narodowy Fundusz Zdrowia).

To buy this insurance you will have to go to an NFZ office and fill in an application form. You will need the following documents:

- Polish student card (legitymacja),
- cover letter from the International Relations Office, confirming that you are a student of the university
- passport.

BEFORE ARRIVAL

HEALTH INSURANCE



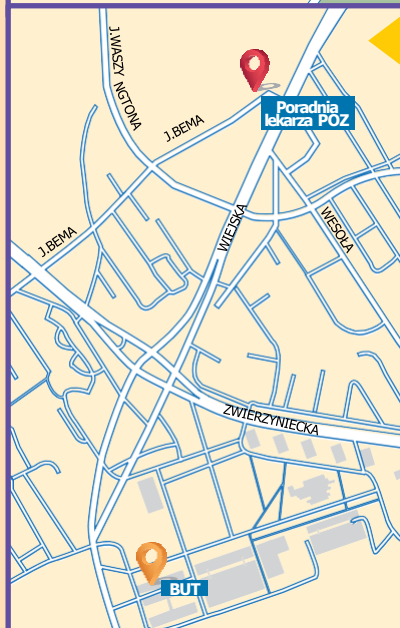
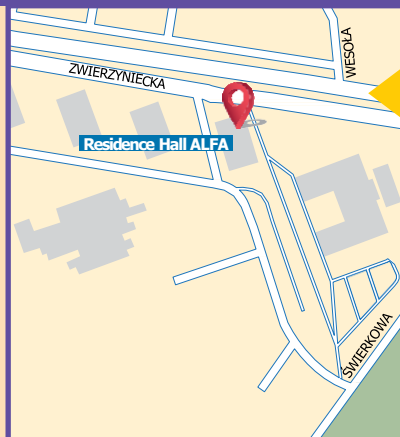
The monthly cost of such insurance for students is around 55PLN (13 EUR). Foreigners insured in NFZ are treated equally to Polish citizens and have the same access to healthcare and the financial benefits.

National Health Fund
- Podlaski Oddział
Wojewódzki NFZ
3 Palacowa St.,
15-042 Białystok
phone: 85 745 95 00

IMPORTANT PLACES

Police department
IV Komisariat Policji on
1, Juliusza Słowackiego St,
15-229 Białystok

If you don't speak Polish, ask your Polish friends (ESN mentor) for help - you will need to fill in the application form in Polish.



THE NEAREST HEALTH CENTRE IS LOCATED IN THE UNIVERSITY CAMPUS:

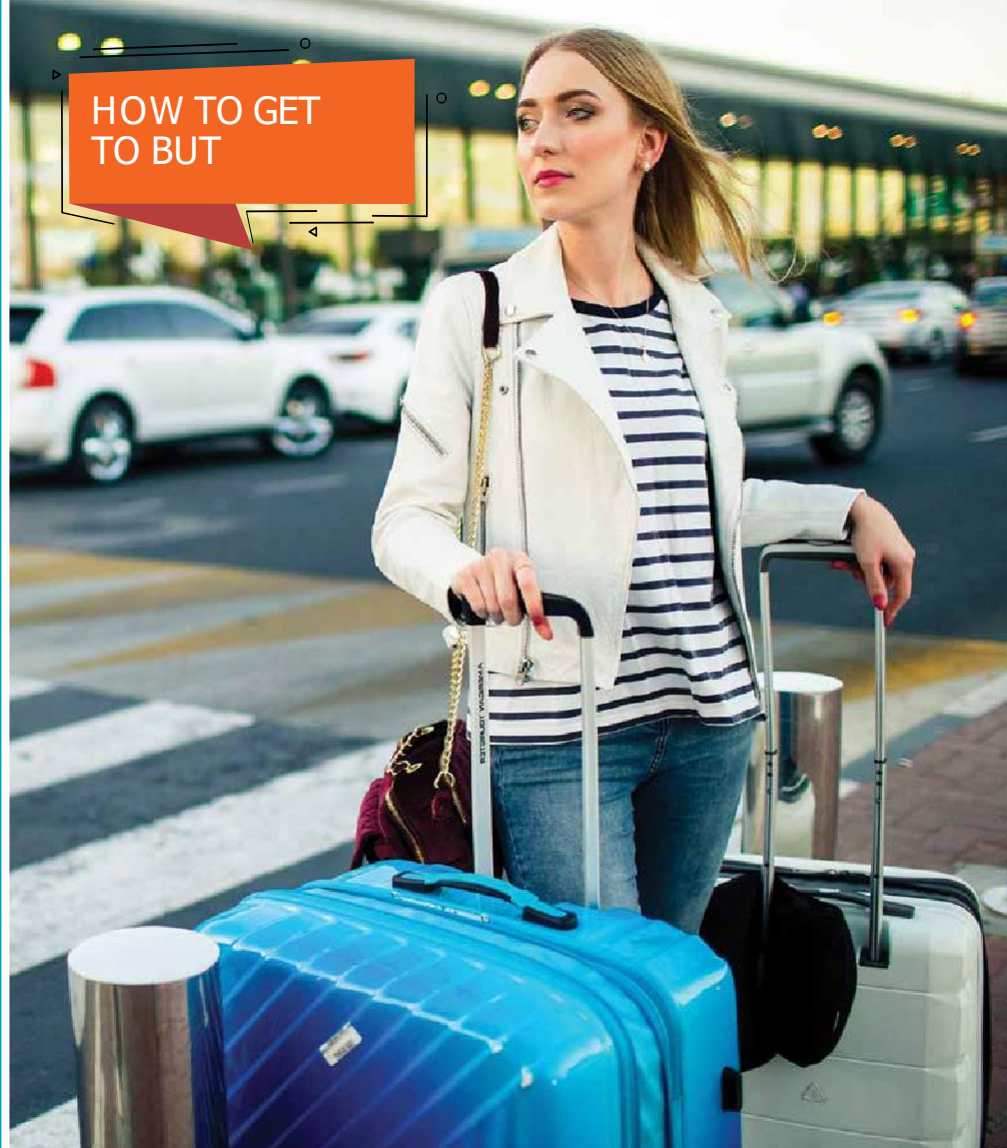
Residence Hall ALFA
14 Zwierzyńska St.
15 – 333 Białystok
E-mail: dsnr1@pb.edu.pl
Phone: + 85 746 97 18

OTHER HEALTH CENTRES NEAR THE CAMPUS

Doctor's Clinic POZ
2 Bema St, room 6
15-369 Białystok

TIPS:

Keep in mind that healthcare centres are usually open from Monday to Friday between 8:00 and 6:00 pm. In case of emergency, please call 112.

HOW TO GET
TO BUT

WARSAW - BIALYSTOK

The closest airports are: Warsaw Chopin Airport and Warsaw Modlin Airport. Warsaw Chopin Airport is located 200 km from Bialystok and has a great bus and train connection. Warsaw Modlin Airport is only 35 km from Warsaw and has convenient connection to Bialystok by bus.

PUBLIC TRANSPORT
CONNECTIONS:PLUS BUS
plusbus.pl/?ln=EN

price depends on the date of reservation,
but normally it costs 10 – 40 PLN.

ŻAK EXPRESS
zakexpress.pl/en/

prices vary between 10 – 40 PLN.

INTERCITY TRAIN
intercity.pl/en

price for regular ticket – 30 PLN
student ticket - 15 PLN (you must have
a valid ISIC or Polish student card).



**THE EASIEST WAY
TO GET TO
THE DORMITORIES
FROM THE BUS OR TRAIN
STATION IS TAKING
A TAXI (PRICE AROUND
10 – 15 PLN).**

Białystok (Bus/Train station)
- Dormitories

**HERE IS A LIST OF SOME TAXI
COMPANIES RUNNING
IN BIALYSTOK:**

- COOLTURA TAXI - **196 66**
- EXPRESS TAXI - **727 414 141**
- ITAXI - **737 737 737**
- JAGA TAXI - **85 711 11 11**
- MAX TAXI - **85 747 47 47**
- MPT SUPER TAXI - **500 800 919**
- MOJA TAXI - **733 401 401**
- O.K. TAXI - **196 26**
- RADIO TAXI NON-STOP - **85 732 32 32**
- KOMFORT TAXI - **85 744 44 44**



We do not offer UBER service in Białystok, however, you can install mytaxi. There are around 100000 taxis liked to this application all over the world.

app.adjust.io/aafwgx



You can also take buses no. 29 and no. 10, which go directly to the dormitories. Get the bus at Kolejowa/ Dworzec PKP stop and get off the bus at Zwierzyniecka/ Prez. R. Kaczorowskiego stop. The stops are on the street from the main entrance of the train station (one of them is in front of the entrance, and the other one is on the same side of the street but 15 meters away from the first one). Or take buses no. 19 and no. 23 from B. M. Cassino/Dworzec PKS and get off at Prez. R. Kaczorowskiego/Zwierzyniecka stop.

Białystok Urban Communication (BKM):
komunikacja.bialystok.pl



LIFE IN BIALYSTOK



BRANICKI PALACE

The palace looks a lot like it did when it was completed in the early 18th century, as does the Great Hall, Chinese Room and the magnificent vestibule, all free to enter and shared by the Medical University. The gardens have also been kept from that time and so stand as the best example of Baroque garden design in Poland, with topiaries, geometric lawns, stone vases and fountains.

KOŚCIUSZKO MARKET SQUARE

The original town hall was in Jan Klemens Branicki's plan, and as the centre of commerce in the city was the site of the town's official scales and weights and measures of length and volume. In good weather you can take a seat at a cafe or restaurant table, soak up the view east to the ca-

thedral and see the city going about its day.

LIPOWA STREET

More than any other street in the city, Lipowa st. bore the brunt of the German attack in the Second World War.

But it's high tenement houses and villas have been restored and there's an array of interesting sights, like the Cristal Hotel, the first new hotel in Poland after the Second World War.

If you cut down Malmeda street you'll come to a statue of L. L. Zamenhof, the Białystok-born doctor who invented Esperanto.

At the far end on Plac Niepodległości is the eye-catching Church of Christ the King, one of the world's first Modernist churches when it was completed in 1946.

Many essential information can be found on: odkryj.bialystok.pl/en/guide.

Thematic tourist trails can present a rich history of the city (the most important monuments), show Białystok as a city of many religions and nationalities. You can feel the atmosphere of old times thanks to old wooden houses.

GREAT SYNAGOGUE MONUMENT

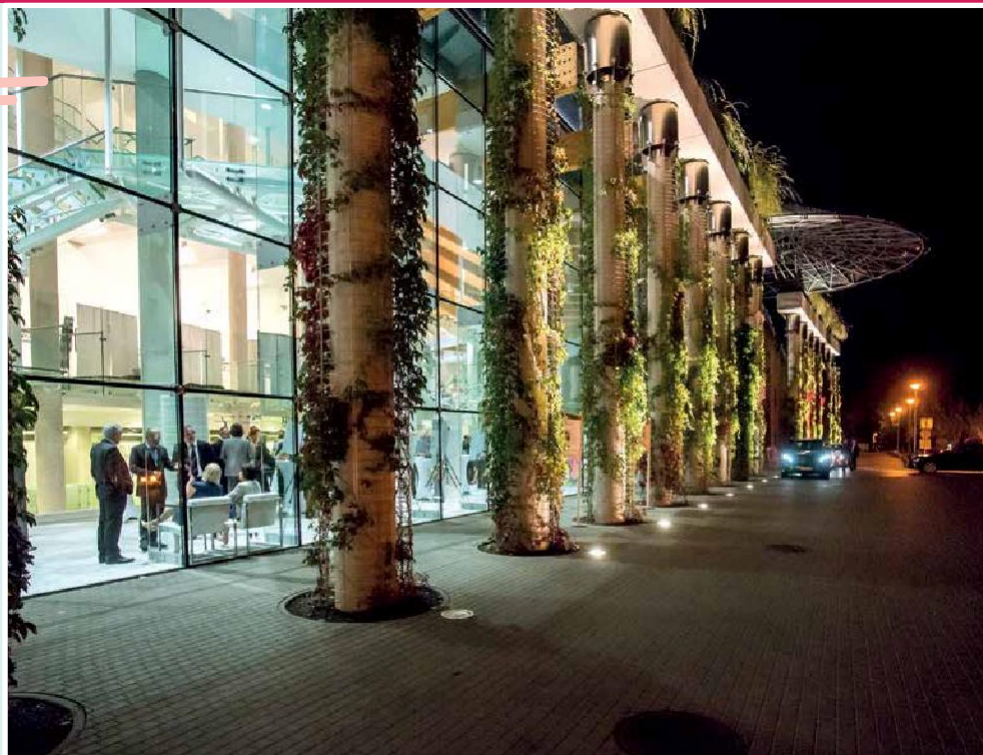
On Suraska street you may be stopped in your tracks by a memorial on the site of Białystok's former Great Synagogue.

On a lawn there is the crumpled metal frame of the synagogue's dome in the middle of a paved Star of David.

An outrage took place at this place on 27 June 1941, when a large number of Jews were locked into the Great Synagogue by Nazi troops who burnt the building down.

FEEL THE SPIRIT OF THE CITY BY CHOOSING ONE OF THE TRAILS:

- Route of Branicki's Family
- Wooden Architecture
- Route of the Białystok Factory Tycoons
- The Esperanto and Multicultural Route
- Route of the Places of Worship
- The Bojary Route
- Trail of Murals



PODLASIE OPERA AND PHILHARMONIC

Northeastern Poland's biggest and most modern cultural institution, the Podlasie Opera and Philharmonic moved into a brand new complex in 2012. This Minimalist concrete and glass construction opened in time for the highly-regarded opera's 58th season and is worth a detour even if you're not up for high-brow entertainment.

The main stage, with a capacity of up to 1,000, is equipped with the second largest organ in Poland.

This high-tech hall also has movable platforms in the ceiling, with glass screens that can help customise the hall's acoustics according to the performance taking place.

Also in the complex is an outdoor amphitheatre, and lush gardens integrating with the architecture and featuring a cast-iron sculpture by Teresa Murak, weighing 2.5 tons.

PARK KONSTYTUCJI 3 MAJA

Now the park is about half the size, and 16 hectares, but remains refreshingly uncultivated. Most of the terrain is shrouded by dense mature forest of oak, hornbeam and birch, and with elms and alders growing in the more humid pockets of the park.

Keep a look out for the Polish and Soviet military cemetery for the two World Wars, as well as the monument to the fallen soldiers of Poland's 42nd Infantry Regiment in the conflicts that followed the First World War.

WANT TO BUY SOUVENIRS GO TO:

- **SLJEDZIK**, 13 Kilińskiego Street
- **CEPELIA**, 3 Grochowa Street
- **Ojczyzna**. Gadżety sportowo-narodowe, 15 Piłsudskiego Street



What about bus timetables? You can find bus timetables at bus stops and on the BKM website.

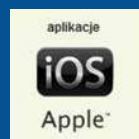
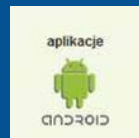
You can also download the app which has accurate and up-to-date information on all bus routes and times in Białystok. Bonus: it's in English too!

YOU CAN BY TICKET USING AN APP:



TOP TIP:

- always remember to validate your ticket on the bus in a validating machine – if you are caught without a validated ticket you could be fined up to 300 PLN!



TRANSPORT



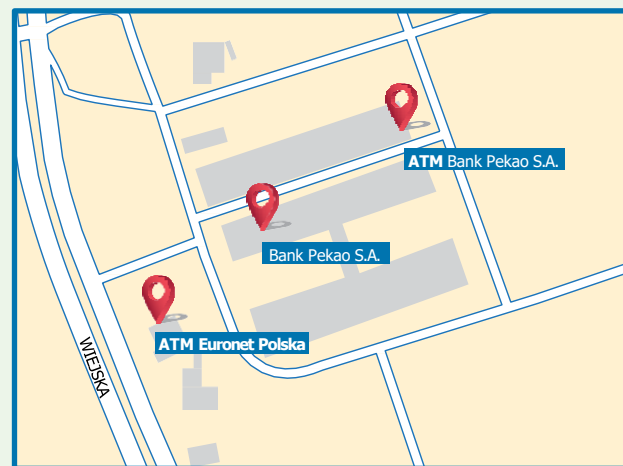


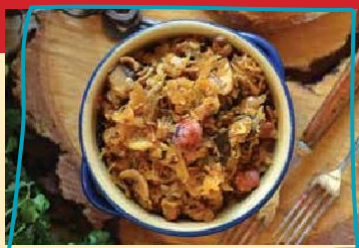
ATM AND CURRENCY EXCHANGE OFFICE

ATM (in Polish: bankomat) you can find at the campus area. The closest one is in the Rectorate Building (Computer Science Faculty) on the ground floor.

If you want to exchange your currency go to KANTOR (currency exchange office). You can find it in the city centre on Lipowa St. or Legionowa St.

You can always exchange money in the bank but be aware that the rate won't be so profitable.





BIGOS

Traditionally a winter dish. Ingredients usually include lots of fresh and pickled cabbage, leftover meat parts and sausage, onion, mushrooms, garlic and whatever else is on hand. In fact, metaphorically Bigos translates to big mess, "confusion" or "trouble" in Polish



NALEŚNIKI

The Polish equivalent of French crepes, these are thin pancakes wrapped around pretty much any filling you can dream of, savoury or sweet. Generally the easy way out in any dodgy Polish dining establishment.



PIEROGI

Doughy dumplings traditionally filled with potato (Ruskie), sweet cheese, meat, mushrooms and cabbage, strawberries or plums, though if you nose around you will find plenty of maverick fillings like broccoli, chocolate or liver as the possibilities are truly limitless and they are served almost everywhere in the city.



THE PYRAMID CAKE

(sękacz) - Recipes are handed down from generation to generation and are only revealed very unwillingly.

A real pyramid cake requires a large number of eggs (50 to 60 depending on size), with sugar added. The secret of the cake's sponginess lies in the thorough beating of the dough, to which some butter and a little flour are added. But that is not enough. To make a good cake it must be properly baked. The art of baking a pyramid cake consists of very slowly manually turning a special pipe or skewer whilst simultaneously pouring a thin stream of dough onto it. The process goes on and on, layer by layer.



BABKA ZIEMNIACZANA

tastes similar to "kiszka ziemniaczana" but takes a totally different form. It is made by mixing potato, onion, eggs and flour and baking it in a tray. It is often served with cream or milk.



POTATOE PANCAKES

RECIPES:

Grate potatoes; drain any liquid. Place potatoes in a large bowl. Add egg, onion, flour, salt, pepper and garlic powder; mix well. With spoon put a portion on a hot pan, press lightly to flatten and fry until golden brown on both sides. Serve immediately.

ALL DISHES

YOU CAN TRY IN:

MILK BARS

(in Polish – bar mleczny).

BAR PODLASIE

– 15 Rynek Kościuszki St.

BAR MŁECZNY MŁECZAK

9/U15 Żelazna St.

BAR OKRĄGLAK

5A Zachodnia St.

BAR ASTORIA

4 Sienkiewicza St.

POLISH FOOD



**BIAŁYSTOK IS A PERFECT
STARTING POINT
TO EXPLORE THE BEAUTY
OF PODLASIE REGION.**

WHAT TO SEE NEAR BIAŁYSTOK

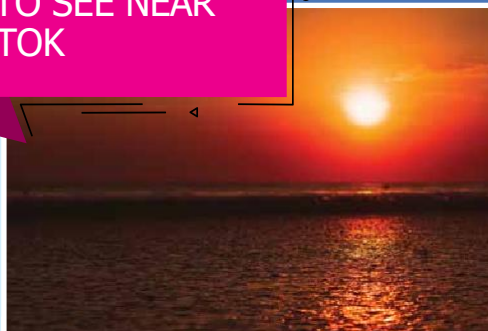
CHOROSZCZ - a small town situated 15 km from Białystok. There you can find a summer residence of the Branicki family located in an old royal park.

TYKOCIN - a small town located on the Narew river, about 90 km from Białystok. You can find there: Tykocin Castle built before 1469, The Baroque Tykocin Synagogue Bejt ha-Kneset ha-Godol, built in 1642, a baroque Church of the Holy Trinity, a baroque monastery, Jewish cemetery – one of the oldest in Poland.

PENTOWO – called the European Stork Village located 3 km from Tykocin.

KIERMUSY – „Bison and Polish Gentry Tradition Refuge” – Rome Tavern, Bison Refuge, open air museum with the possibility of accommodation, oak alley, swamp deck and small castle.

SUPRAŚL - a charming town situated 20 km from Białystok with enchanting streets, the unique fortified Orthodox church from 1510 and a beautiful boulevard.



KRUSZYNIANY – Tatars village

BIAŁOWIEŻA NATIONAL PARK (Białowieża Forest) – perfect place for those who appreciate contact with nature. One of the most precious forest complexes in Europe. It is the natural habitat of the European bison. The Park is a World Heritage site.

JUROWCE - a village located 8 km from Białystok. You can visit a “Jurassic park - museum of natural history” and The Białystok Country Museum. It comprises 33 relic buildings – heritage of the Białystok villages, all arranged in a picturesque park. Individual complexes are situated in a considerable distance away from each other, so be prepared for a little walk.

MASURIAN LAKE DISTRICT (Polish: Pojezierze Mazurskie) is a lake district in north-eastern Poland within the geographical region of Masuria. It contains more than 2,000 lakes. Augustów - a town situated 90 km from Białystok, surrounded by nine lakes and the vast Augustów Primeval Forest. As the aquatic capital city of North-Eastern Poland, it is a perfect place for a kayak rally, sailing, a ship, catamaran or gondola cruise and long walks along the boulevard. There are a couple of city beaches.

