

COURSE DESCRIPTION CARD

Białystok University of Technology Faculty of Mechanical Engineering									
Field of study	Biomedical Engineering							Degree level and programme type	Full-time studies Second cycle
Specialisation/ diploma path	-							Study profile	elective
Course name	Fundamentals of Biomechanics							Course code	
								Course type	elective
Forms and number of hours of educational activities	L	C	LC	P	SW	FW	S	Semester	-
	30		30					No. of ECTS credits	4
Entry requirements	-								
Course objectives	<p>The course aims to familiarize students with fundamentals of mechanical functioning of the living organisms.</p> <p>Students will gain knowledge about: the fundamental principles of biomechanics; basis of human movement, functioning of the musculoskeletal system, basis of tissue mechanics, computational and experimental methods in biomechanics, basis of orthopaedic implants.</p>								
Course content	<p>Lecture: introduction to biomechanics (definition, scope, and interdisciplinary nature of biomechanics); fundamental Principles of Biomechanics (basis of kinematics, statics and dynamics); structure of the musculoskeletal system, muscle contraction, loadings acting in the musculoskeletal system, bone and cartilage mechanics; human locomotion; biomechanics of the main anatomical structures: spine, hip and knee joints, ankle and foot, shoulder and elbow joints; basis of orthopaedic implant design (spine stabilizers, cages, joint endoprotheses); modelling and numerical simulation in biomechanics (reconstruction of the anatomical objects, multibody modelling, finite element simulation).</p> <p>Laboratory classes: measurement of the basic gait parameters and electromyography (Biometrics), motion capture (Qualisys), muscle torques measurement in isometric and isokinetic conditions (Biodex), ground reaction force measurement (Kistler), pedobarography (RsScan)</p>								
Teaching methods	<p>Informative-problem lecture;</p> <p>Laboratory classes: exercises and measurements using specialized equipment, solving practical problems in groups</p>								
Assessment method	<p>Lecture: exam.</p> <p>Laboratory classes: evaluation of entry tests, reports, discussions and activity in the course.</p>								

Symbol of learning outcome	Learning outcomes	Reference to the learning outcomes for the field of study	
	Knowledge: the graduate knows and understands		
L01	structure and functioning of the musculoskeletal system and its main elements	IB1_W05	
L02	the basic description of the human locomotion	IB1_W05	
L03	fundamentals of skeletal tissue mechanical properties	IB1_W01	
L04	basis of orthopaedic implant design	IB1_W05	
	Skills: the graduate is able to		
L05	perform basic measurement in biomechanics	IB1_U04	
Symbol of learning outcome	Methods of assessing the learning outcomes	Type of tuition during which the outcome is assessed	
L01	Exam	L	
L02	Exam	L	
L03	Exam	L	
L04	Exam	L	
L05	evaluation of entry tests, reports, discussions and activity in the course	LC	
Student workload (in hours)		No. of hours	
Calculation	Participation in lectures	30	
	Participation in laboratory classes	30	
	Preparation for the lecture assessment	5	
	Preparation for laboratory classes entry tests	15	
	Completion of laboratory classes reports	15	
	Participation in consultations	5	
	TOTAL:	100	
Quantitative indicators		HOURS	No. of ECTS credits
Student workload – activities that require direct teacher participation		65	2,6
Student workload – practical activities		65	2,6
Basic references	<ol style="list-style-type: none"> Hamil J., Knutzen K.M., Derrick T.R.: Biomechanical Basis of Human Movement, Wolters Kluwer, 2015, Ozkaya N., Nordin M., Goldsheyder D., Leger D.: Fundamental of Biomechanics, Springer, 2017, Michael W. Whittle, Gait Analysis, An Introduction, Elsevier 2007. Kapandji I.A., Physiology of the Joints, Churchill Livingstone, 2016; Handspring Publishing 2019 		
Supplementary references	<ol style="list-style-type: none"> Ethier C.R., Simmons C.A.: Introductory Biomechanics, From Cells to Organisms, Cambridge University Press, 2007 Cowin S.C., Doty S.B., Tissue Mechanics, Springer, 2007 Krukemeyer M.G., Mollenho G. (red), Endoprosthetics, An Introduction for the Practitioner, Walter de Gruyter GmbH, Berlin/Boston, 2014. 		

Organisational unit conducting the course	Institute of Biomedical Engineering	Date of issuing the programme
Author of the programme	Assoc. Prof. Eng. Szczepan Piszczatowski	4.03.2025

L – lecture, C – classes, LC – laboratory classes, P – project, SW – specialization workshop, FW - field work, S – seminar